

# This is an official MS Health Alert Network (HAN) Alert

MESSAGE ID: MSHAN-20200507-00446-ALT (Health Alert)

RECIPIENTS: All Physicians, Hospitals, ERs, ICPs, NPs, and

**Healthcare Providers - Statewide** 

Thursday, May 7, 2020

SUBJECT: COVID-19 State Health Officer Outpatient

**Medical Services Elective Surgeries 05072020** 

#### STATE HEALTH OFFICER'S ORDER

Pursuant to Mississippi Code Ann. §§ 41-3-51, 41-3-15 et. seq., 41-23-1 et. seq. and the State of Emergency Declaration by the Governor of the State of Mississippi related to the coronavirus COVID-19 issued on March 14, 2020, I, Thomas Dobbs, MD, MPH, State Health Officer, Executive Director of the Mississippi State Department of Health (MSDH), hereby issue this Order for the provision of Outpatient Medical Services and Elective Surgery effective until May 31, 2020, unless revoked prior to that time, as follows:

#### **Outpatient Medical Services:**

In order to meet the medical needs of Mississippi residents, non-emergent and non-urgent outpatient clinical visits may resume under the following guidance:

- 1) Telehealth should be used when possible and as appropriate for medical assessment and treatment.
- 2) In-person clinic visits:
  - a. When telehealth is not an option, all patients must be screened for COVID-19 prior to visit, or immediately on arrival and isolated as directed by MSDH guidelines, if needed. Patients with symptoms of COVID-19 should be assessed for COVID-19 prior to receiving non-emergent medical care.
  - b. All patients with suspected COVID-19 must be assessed in a private location, with appropriate Personal Protective Equipment (PPE).
- 3) All outpatient services must be conducted to accommodate social distancing recommendations to include:
  - a. Less than ten persons per room.
  - b. Minimum separation of six feet between patients.



- c. Lower patient volumes should continue in a manner that supports social distancing.
- d. A maximum of one caregiver may attend with patient (if needed).
- e. Hand hygiene resources must be readily available to patients and caregivers.
- f. All patients and caregivers in waiting rooms must wear a surgical or cloth mask.
- g. All medical and office staff must wear a mask at all times.

### 4) Available services

- a. If possible, non-urgent (Tier 1) visits should be delayed or occur via telehealth (See Appendix 1 from <a href="https://www.cms.gov/files/document/cms-non-emergent-elective-medical-recommendations.pdf">https://www.cms.gov/files/document/cms-non-emergent-elective-medical-recommendations.pdf</a>).
- b. Beginning May 11, 2020, Tier 1, 2 and 3 medical services may be conducted based on need according to physician judgment (See Appendix 1 from <a href="https://www.cms.gov/files/document/cms-non-emergent-elective-medical-recommendations.pdf">https://www.cms.gov/files/document/cms-non-emergent-elective-medical-recommendations.pdf</a>).

#### Elective Surgeries and Procedures:

In order to meet the medical needs of Mississippi residents, all elective procedures and surgeries may resume May 11, 2020 under the following guidelines.

- 1) All patients must be assessed for COVID-19 prior to elective surgeries or procedures.
  - a. All patients must be assessed for COVID-19 symptoms immediately prior to any elective surgery.
  - b. Patients with COVID-19 symptoms must be tested for and shown to not have COVID-19 prior to proceeding to surgery or procedure.
  - c. A negative COVID-19 PCR test in the previous 48 hours is the recommended screening approach for surgeries or procedures requiring general anesthesia and especially those involving the mouth, nose, oropharynx, nasopharynx, respiratory tract, GI tract or requiring general anesthesia. When pre-operative testing for COVID-19 is not practicable, full protective PPE for COVID-19 is required during any potentially aerosolizing procedure (including but not limited to: airway access, endoscopy, or bronchoscopy).
- 2) Access to PPE, Supplies, Equipment and Medicine:
  - a. Prior to initiating elective surgeries or procedures, adequate inventories of approved countermeasures including PPE, supplies, equipment, and medicine must be available. State support of PPE will not be available to facilities performing elective surgeries or procedures.
  - b. A plan for conserving and maintaining PPE, supplies, equipment, and medicine must be in place. This includes access to a reliable supply chain to support continued operations and respond to an unexpected surge in a timely manner.



- c. To preserve PPE, healthcare personnel should minimize the number of personnel in the operating or procedure room (e.g. avoid swapping personnel for "breaks", keep scrubbed in personnel to a minimum).
- d. If appropriate PPE is unavailable to protect the healthcare workers or the supply of appropriate PPE is limited, then the elective surgery or procedure must be canceled.
- e. If there is a limited supply of equipment, supplies, beds or medicine, then the elective surgery or procedure must be canceled.
- f. Specialty society guidelines should be considered when reinitiating elective surgeries and procedures.
- 3) Social Distancing: All services must be provided in a manner designed to accommodate social distancing recommendations to include:
  - a. Less than ten persons per room.
  - b. Minimum separation of six feet between patients.
  - c. Only one caregiver may attend in support of the patient.
  - d. Lower patient volumes should continue in a manner that accommodates social distancing.
  - e. Hand hygiene resources must be readily available to patients and caregivers.
  - f. All patients and family in waiting rooms must wear a surgical or cloth mask.
  - g. All medical personnel and staff must wear a mask at all times in all clinical areas.
- 4) Preventing COVID-19 Transmission:
  - a. Every effort should be made to prevent transmission of COVID-19 by following current CDC guidelines and reducing the number of healthcare workers in the surgical suite or office to the minimum necessary to complete the surgery or procedure.
  - b. All healthcare workers must be monitored for illness at least daily, prior to the beginning of the work shift.
  - c. Healthcare workers must be provided with appropriate PPE to perform the elective surgery or procedure.
  - d. If appropriate PPE is unavailable to protect the healthcare workers, then the elective surgery or procedure must be canceled.
- 5) Beginning May 11, 2020, Tier 1, 2 and 3 surgeries and procedures may be performed consistent with the clinical judgment of the treating physician (See Appendix 2 from <a href="https://www.cms.gov/files/document/covid-elective-surgery-recommendations.pdf">https://www.cms.gov/files/document/covid-elective-surgery-recommendations.pdf</a>).

Particular effort should be made to avoid elective surgeries or procedures for patients who will require extensive surgery/open surgery; expected intensive care unit stays; or on those patients with multiple comorbidities and a higher risk of postoperative complications that would require a longer length of inpatient stay that could jeopardize the hospital's bed capacity in the event of a surge in COVID patients.



#### 6) Inpatient Visitation:

- a. All efforts should be made to minimize hospital visitors.
- b. Only one caregiver may attend in support of hospital inpatients. Hospitals may maintain more restrictive visitation policies.
- c. Hospitals may make special accommodations, with strict adherence to necessary personal protective measures, in special circumstances including but not limited to end-of-life situations.

This the 7<sup>th</sup> day of May 2020.

Thomas Dobbs, MD, MPH

State Health Officer



## Appendix 1:

Tiers	Definition	Locations	Examples	Action
Tier 1	Low acuity treatment or service	<ul> <li>Medical office</li> <li>FQHC/RHC*</li> <li>HOPD**</li> <li>Ambulatory care sites</li> </ul>	Routine primary or specialty care     Preventive care visit/screening     Annual Wellness or Welcome to Medicare Initial Preventive Visit     Supervised exercise therapy     Acupuncture	Consider postponing service  Consider follow-up using telehealth, virtual check-in, or remote monitoring
Tier 2	Intermediate acuity treatment or service  Not providing the service has the potential for increasing morbidity or mortality	Medical office     FQHC/RHC     HOPD     Ambulatory care sites	Pediatric vaccinations     Newborn/early childhood care***     Follow-up visit for management of existing medical or mental/behavioral health condition     Evaluation of new symptoms in an established patient     Evaluation of non-urgent symptoms consistent with COVID-19	Consider initial evaluation via telehealth; triage to appropriate sites of care as necessary  If no current symptoms of concern, consider follow-up with virtual check-in
Tier 3	High acuity treatment or service  Lack of in-person treatment or service would result in patient harm	Medial office     FQHC/RHC     HOPD     Ambulatory care sites     Emergency Department	Evaluation of new symptoms in a new patient     Evaluation of symptoms consistent with COVID-19, with warning signs including shortness of breath, altered mental status, or other indications of severe disease	We would not recommend postponing in-person evaluation; consider triage to appropriate facility/level of care as necessary

<sup>\*</sup>Federally Qualified Health Care/Rural Health Clinics

https://www.cdc.gov/coronavirus/2019-ncov/healthcare-facilities/index.html

<sup>\*\*</sup>Hospital Outpatient Department

<sup>\*\*\*</sup>If a practice can provide only limited well child visits, healthcare providers are encouraged to prioritize newborn care and vaccination of infants and young children (through 24 months of age) when possible (see also CDC guidance for further information:



## Appendix 2:

Tiers	Action	Definition	Locations	Examples
Tier 1a	Postpone	Low acuity	HOPD*	-Carpal tunnel release
	surgery/procedure	surgery/healthy	ASC**	-EGD
		patient-outpatient	Hospital with low/no	-Colonoscopy
		surgery	COVID-19 census	-Cataracts
		Not life-threatening		
		illness		
Tier 1b	Postpone	Low acuity	HOPD	-Endoscopies
	surgery/procedure	surgery/unhealthy	ASC	
		patient	Hospital with low/no	
			COVID-19 census	
Tier 2a	Consider postponing	Intermediate acuity	HOPD	-Low risk cancer
	surgery/procedure	surgery/healthy	ASC	-Non urgent spine &
		patient- Not life	Hospital with low/no	Ortho:
		threatening but	COVID-19 census	Including hip, knee
		potential for future		replacement and
		morbidity and		elective spine surgery
		mortality. Requires in-		-Stable ureteral colic
		hospital stay		
				-Elective angioplasty
Tier 2b	Postpone	Intermediate acuity	HOPD	
	surgery/procedure if	surgery/unhealthy	ASC	
	possible	patient	Hospital with low/no	
			COVID-19 census	
Tier 3a	Do not postpone	High acuity	Hospital	-Most cancers
		surgery/healthy		-Neurosurgery
		patient		
				-Highly symptomatic
				patients
Tiers 3b	Do not postpone	High acuity	Hospital	-Transplants
		surgery/unhealthy		-Trauma
		patient		-Cardiac w/symptoms
				-Limb threatening
				vascular surgery

<sup>\*</sup>Hospital Outpatient Department \*\*Ambulatory Surgery Center <a href="https://www.cms.gov/files/document/covid-elective-surgery-recommendations.pdf">https://www.cms.gov/files/document/covid-elective-surgery-recommendations.pdf</a>



#### Alerting Message Specification Settings

Originating Agency: Mississippi State Department of Health Alerting Program: MS Health Alert Network (MS HAN)
Message Identifier: MSHAN-20200507-00446-ALT

Program (HAN) Type: Health Alert
Status (Type): Actual ()
Message Type: Alert

**Reference:** MSHAN-00446

Severity: Unknown

**Acknowledgement:** No

Sensitive:Not SensitiveMessage Expiration:UndeterminedUrgency:UndeterminedDelivery Time:600 minutes

## <u>Definition of Alerting Vocabulary and Message Specification Settings</u>

**Originating Agency:** A unique identifier for the agency originating the alert.

**Alerting Program:** The program sending the alert or engaging in alerts and

communications using PHIN Communication and Alerting (PCA)

as a vehicle for their delivery.

**Message Identifier:** A unique alert identifier that is generated upon alert activation

 $(MSHAN-yyymmdd-hhmm-TTT\ (\textbf{ALT=Health\ Alert},$ 

ADV=Health Advisory, UPD=Health Update,

MSG/INFO=Message/Info Service).

**Program (HAN) Type:** Categories of Health Alert Messages.

**Health Alert**: Conveys the highest level of importance; warrants immediate

action or attention.

**Health Advisory**: Provides important information for a specific incident or situation;

may not require immediate action.

**Health Update**: Provides updated information regarding an incident or situation;

unlikely to require immediate action.

**Health Info Service**: Provides Message / Notification of general public health

information; unlikely to require immediate action.

**Status (Type):** 

Actual: Communication or alert refers to a live event Exercise: Designated recipients must respond to the

communication or alert

Test: Communication or alert is related to a technical,

system test and should be disregarded



**Message Type:** 

Alert: Indicates an original Alert

Update: Indicates prior alert has been Updated and/or superseded

Cancel: Indicates prior alert has been cancelled Error: Indicates prior alert has been retracted

**Reference:** For a communication or alert with a Message Type of "Update" or "Cancel", this attribute contains the unique Message Identifier of the original communication or alert being updated or cancelled. "n/a" = Not Applicable.

**Severity:** 

Extreme: Extraordinary threat to life or property
Severe: Significant threat to life or property
Moderate: Possible threat to life or property
Minor: Minimal threat to life or property
Unknown: Unknown threat to life or property

**Acknowledgement:** Indicates whether an acknowledgement on the part of the recipient is required to confirm that the alert was received, and the timeframe in which a response is required (Yes or No).

**Sensitive:** 

Sensitive: Indicates the alert contains sensitive content

Not Sensitive: Indicates non-sensitive content

Message Expiration: Undetermined.

**Urgency:** Undetermined. Responsive action should be taken immediately.

**Delivery Time:** Indicates the timeframe for delivery of the alert (15, 60, 1440,

4320 minutes (.25, 1, 24, 72 hours)).